

## G.R.A.C.E. PLACE FALL NEWSLETTER

Grace Lutheran Church  
Oct. 25<sup>th</sup> – 31<sup>st</sup>, 2020  
Issue 7



This Sunday **there is no zoom check-in**. Instead, you are invited to pick up your own pumpkin on the church office porch! Kelsey will not be there as she will be at the 9am service for confirmation but you can pick up one pumpkin per family!

Take a dee breath. Breathe in..... breathe out.....

The past month and a half we have asked a lot of you as a family. We have asked you to dive into your feelings, mental health, and emotions. We have connected it to our faith formation and learned these conversations are important.

This week let's have some fun! Get in the spirit of Halloween!

Grab a pumpkin, grab your family, get ready to get dirty, and have fun!

There are a few activities you can enjoy this week. Carve a pumpkin and walk through the pumpkin gospel with Kelsey in her video!

You can also carve a pumpkin and pray!

Or grab a pumpkin and a sharpie and fill up the outside of the pumpkin with ALL the things you are thankful for with our thankful pumpkin activity!



## PUMPKIN ACTIVITIES

### Prayer & Thankful

#### Pumpkin Prayer

#### Thankful & Grateful Pumpkin



#### Pumpkin Prayer

As you take off the top:

“Dear God, open our hearts and minds to your grace and love that is working and moving in this world.”

As you take out the insides:

“Dear God, help me push away the negative and hate and bring in your light and love.”

As you carve the eyes:

“God, open my eyes so I can see your work, grace, and love in this world. Open my eyes to see how I can be a part of it.”

As you carve a nose:

“Dear God, awaken all our senses so we can be aware of all your goodness around us.”

As you carve out the mouth:

“Hey God, help us to use our voice to spread your love and grace to others. Help us to advocate with and for others.”

As you put your candle inside and light it:

“Dear Lord, let our lights shine for you and for everyone to see. Let us spread your light throughout the world.”

#### Thankful & Grateful Pumpkin

This is a perfect activity if you don't want to carve pumpkins but still want to get in on the fun! Grab yourself a pumpkin and a sharpie!

This activity is a great daily activity with your family!

Each person, name of something or someone that they are grateful for! It could be a family, friend, teacher, clothes, house, pet, etc. Once that thing is named, write it on the pumpkin!

Watch your pumpkin become a decorated piece of art that also shows how blessed you are!

Happy Halloween!