Grace Lutheran Church

Feb. 7th - Feb. 13th, 2021



#### LISTEN TO YOUR BODY

Welcome back! This newsletter is to prepare you for lent! We are going to do a movie study over lent and your family is invited to participate!

This Sunday, February 7<sup>th</sup>, you are invited to join Kelsey for a zoom check-in from 9:00-9:30am.

Join Zoom Meeting https://luthersem.zoom.us/j/57 71068839?pwd=eFdhaXgxZUt GNG8reCtJaS9VTUZsdz09

Meeting ID: 577 106 8839 Passcode: 09192020

ALSO, THIS SUNDAY, FEB. 7<sup>th</sup> is ANNUAL MEETING @ 12pm. CHECK YOUR EMAILS (SPAM) FOR LINK This week I want to introduce you to the options for lent! This week, I hope as a family you work on Faith5 together. I also would like you to discuss as a family how you are going to participate in lent this year.

Lent! Lent! Lent! What is lent? Lent is a time of 40 days of waiting before Easter, the death and resurrection of Jesus. Lent is a time to help us specifically devote ourselves to faith formation, a carved-out time.

This year for lent we are going to do a movie study on the movies: Incredibles & Incredibles 2! Wednesday, Sun. Feb. 21 - Wed. Mar. 31<sup>st</sup>.

Middle & High School Youth will be doing a movie study on the new Disney movie, *Soul.* Dates and times to be arranged.

# There are multiple ways to participate:

Each week the newsletter will give you devotions and directions on what parts of the movie to watch.

<u>Sundays</u>: Join on zoom 9:00-9:30am and talk through discussion questions with Kelsey based on the movie clips.

<u>Wednesday</u>: Join Kelsey on zoom from 7-8pm to watch a clip of the movie and have some discussion around your faith related to the movie!

<u>At-Home</u>: There will be an opportunity next Sunday, Feb. 14<sup>th</sup> to pickup "Lent-in-a-box" from church at 9:00am to facilitate at-home lent with the movies, devotions, and activities.

## Faith5

Share: Share your highs and lows, the best part and not-so-good part of your day or week.
Read: Read a story from the Bible or listen to the reading from worship!
Talk: Talk about the Bible story/reading and how it relates to your highs and lows.
Pray: Pray for everyone's highs and lows.
Bless: Bless each other with your own family blessing or a blessing that we use at confirmation (that was used at your baptism) *"You are a child of God, marked by the cross of Christ and sealed*

with the Holy Spirit forever. Amen."

#### Joel 2:13

"Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing."

### **Faith Formation**

Lent is a time in the church year to help us really focus on God and learn to lean on God. This year lent looks different, but we can still use this time to grow closer to God. How is your family going to participate in lent this year? How are you going to use this time to get closer to God and to build relationships with your family? Explore questions? Dive into finding the Holy Spirit at work? This week, work on Fatih5 at home and when you talk, talk about the way you are going to engage this year for lent. Let God fill you with God's love and grace.



## Service Opportunity

Welcome Bread - Snack Packs https://www.facebook.com/WelcomeBread/

Welcome bread Ministry is an off-shoot ministry of the Welcome Church (we have served with in previous years). They work with community food programs by helping provide food. We are helping build snack bags!

#### **Directions:**

In a sandwich-sized Ziploc bag pack 5 total items *(listed below)* (mix of sweet and savory). Drop-off by Sunday by 9am at Kelsey's home (713 E. 8th Street Boyertown, PA 19512) *drop-off may change as the project continues.* 

Items that can be packed:

sweet items: fruit snacks, mini-chocolates, raisins, chewy granola bars, cookies;

savory items: 1 oz bag of potato chips, peanut butter crackers, cheese crackers, mini slim jims.

Please make sure you follow the directions for items to pack, amount to pack, and all in a sandwich size ziploc.

