

# LENT - ASH WEDNESDAY

## FAMILY LENT NEWSLETTER

### ASH WEDNESDAY

*"I made you out of the ground. You are dust and to dust you shall return." Genesis 3:19*

Ash Wednesday is the Wednesday that starts lent. During Ash Wednesday we impose or put upon our forehead, ashes. We use ashes as a sign of repentance or asking for forgiveness. Ashes remind us that God has created us from the dirt and our bodies will be dirt again. Ash Wednesday reminds us of the death and during lent, we prepare for the resurrection of Jesus.



### FAMILY DEVOTION

Read John 1:1-4 as a family

#### Discussion Questions:

- What do these verses say about Jesus?
- How is Jesus the light of the world?
- YOU are the light of the world, how are you going to be that this week
- How can we be the light in the world?
- Where might our world need the light of Jesus?

*Before each family meal this week, join in song prayer: "This Little Light of Mine".*

#### Song Prayer

"This Little Light of Mine"

This little light of mine, I'm gonna let it shine.  
This little light of mine, I'm gonna let it shine.  
This little light of mine, I'm gonna let it shine.  
Let it shine, let it shine, let it shine.

<https://www.youtube.com/watch?v=cKkbIZtqhyQ>

## SERVICE PROJECT OPPORTUNITIES

*Bread Drop works with community food programs by helping provide food. We are helping build snack bags!*

Directions: In a sandwich-sized Ziploc bag pack 5 total items (listed below) (mix of sweet and savory).

### Items that can be packed:

Sweet items: fruit snacks, mini-chocolates, raisins, chewy granola bars, cookies;

Savory items: 1 oz bag of potato chips, peanut butter crackers, cheese crackers, mini slim jims.

Please follow the directions for items to pack, amount to pack, and all in a sandwich size ziploc.

Drop-off by Sundays 11:30am at Grace Lutheran Church to Kelsey or to the church office!

*"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in" - Matthew 25:35*

During the Sundays in Lent, Grace will be collecting items for the Welcome Church in Philadelphia. The Welcome Church is "a church with no walls" and attracts people of all walks of life, especially the homeless. Kelsey Tomlinson and crew will be helping at the Welcome Church in May.

Here are the items we are collecting:

1. Sandwich size Ziploc bags
2. Water bottles
3. Juice boxes
4. Capri Suns
5. Snack-size items, individually wrapped:
  - a. Fruit Snacks
  - b. Mini chocolates (i.e., Hershey)
  - c. Raisins
  - d. Chewy granola bars
  - e. Cookies (i.e., Oreos, Chips Ahoy)
  - f. Potato chips (1 oz.)
  - g. Peanut butter crackers / cheese crackers
  - h. Mini Slim Jims

***Please place your donations on the table in the 6th Avenue foyer!***